

# Moving Hips

**Count:** 32    **Wall:** 4    **Level:** High Beginner

**Choreographer:** Frank Trace (Aug 2014)

**Music:** "Moviendo Caderas" by Yandel & Daddy Yankee

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**Begin after 64 counts on the strong beat.**

**Alt. music: "Fireball" by Pitbull**

## **RIGHT SIDE MAMBO, LEFT SIDE MAMBO, FORWARD MAMBO, BACK MAMBO**

- 1&2            Rock R to right side, recover onto L, step R next to L
- 3&4            Rock L to left side, recover onto R, step L next to R
- 5&6            Rock R forward, recover onto L, step R next to L
- 7&8            Rock L back, recover onto R, step L next to R

## **WALK, WALK, SHUFFLE FORWARD, ROCK, RECOVER, SHUFFLE BACK**

- 1-2            Walk forward R, L
- 3&4            Shuffle forward stepping R-L-R
- 5-6            Rock forward on L, recover onto R
- 7&8            Shuffle back stepping L-R-L

## **STEP BACK, HEEL, STEP BACK, HEEL, STEP, STEP, SYNCOPADED HIP SWEVELS**

- 1-2            Step back on R, touch L heel diagonally forward left
- 3-4            Step back on L, touch R heel diagonally forward right
- 5-6            Step R slightly back, step L next to R
- 7&8            Syncopated hips swivels counter clockwise twice (weight ends on left)

## **¼ TURN HIPS ROLLS (X3), CROSS STEP, STEP BACK**

- 1-2            Step R forward, pivot (hip roll counter clockwise) ¼ turn (9:00)
- 3-4            Step R forward, pivot (hip roll counter clockwise) ¼ turn (6:00)
- 5-6            Step R forward, pivot (hip roll counter clockwise) ¼ turn (3:00)
- 7-8            Step R over L, step L back

## **REPEAT**

**ENDING:** At the end of the song the beat stops, but Yandel still sings.

**Finish out the last 8 counts of the dance (Hip Rolls) to finish at the front wall.**

**Contact:** franktrace@sssnet.com