

MMM Bop

Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Kelly Kaylin

Music: MMM Bop by The Hansons

32 count intro start on lyrics

SIDE TOUCH & SIDE TOUCH & HEEL TOUCH FORWARD & HEEL TOUCH FORWARD, TOE BACK, HOLD, HEEL FORWARD, HOLD

- 1&2 Touch left toe to left side, step left next to right, touch right to right
Step right next to left, touch left heel forward, step left next to right, touch right heel
&3&4 forward
&5- 6 Step right next to left, touch left toe back, hold
&7-8 Step left next to right, touch right heel forward, hold

SAILOR STEP, SAILOR STEP, FORWARD COASTER STEP, BACK COASTER STEP

- 1&2 Cross right behind left and step, step left to side, step right to side
3&4 Cross left behind right and step, step right to side, step left to side
5&6 Step right forward, step left together, step right back
7&8 Step left back, step right together, step left forward

CROSS, &, HEEL, &, BEHIND, SIDE, CROSS, &, HEEL, HOLD, &, CROSS, HOLD

- 1&2 Cross right over left and step, step left back, extend right heel forward on a 45-degree
angle (weight is on left)
&3&4 Step down on right, cross left behind right and step, Step right to side, cross left over
right
&5-6 Step right back, extend left heel forward on a 45 degree angle (weight is on right),
Hold
&7-8 Step down on left, cross right over left and step (weight ends on right), Hold

&, CROSS, &, HEEL, &, BEHIND, SIDE, CROSS, &, HEEL, HOLD, &, CROSS, UNWIND 1/4

- &1&2 Keeping right crossed over left step left to side, step left to side with right, Step left
back, extend right heel forward on a 45-degree angle (weight is on left)
&3&4 Step down on right, cross left behind right and step, Step right to side, cross left over
right
&5-6 Step right back, extend left heel forward on a 45 degree angle (weight is on right),
Hold
&7-8 Step down on left, cross right over and step, On the balls of both feet swivel ¼ left with
weight ending on right

REPEAT