

CAJUN THANG



Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Jo & Rita Thompson (May 2003)

Music: Cool, Cool Mardi Gras by Scooter Lee

Music: Cajun, Two Step or Mambo type songs:

Cool, Cool Mardi Gras, Tulane, He's My Little Jalapeno, Please, Please, Would You Consider all by Scooter Lee (scooterleecom, cdbabycom, Amazoncom or iTunescom)

Mambo #5 by Lou Bega, Too Many Pockets by Darryl Worley

[1-8]4 TOE STRUTS FORWARD (R,L,R,L)

- 1-2 Step R toe forward; Drop R heel
- 3-4 Step L toe forward; Drop L heel
- 5-6 Step R toe forward; Drop R heel
- 7-8 Step L toe forward; Drop L heel

Easier option: Instead of toe struts, you may do 4 slow forward walks R,L,R,L

Variation: You may do 4 heel struts - Step heel first and then drop the toe

[9-16]4 TOE STRUTS BACK (R,L,R,L)

- 1-2 Step R toe back; Drop R heel
- 3-4 Step L toe back; Drop L heel
- 5-6 Step R toe back; Drop R heel
- 7-8 Step L toe back; Drop L heel

[17-24]MAMBO RIGHT, HOLD, MAMBO LEFT, HOLD

- 1-2 Rock R to right; Recover to L
- 3-4 Step R beside L; Hold
- 5-6 Rock L to left; Recover to R
- 7-8 Step L beside R; Hold

[25-32]MAMBO RIGHT with 1/4 TURN RIGHT, HOLD, MAMBO LEFT, HOLD

- 1-2 Rock R to right; Recover to L turn 1/4 right
- 3-4 Step R beside L; Hold
- 5-6 Rock L to left; Recover to R
- 7-8 Step L beside R; Hold

Note: To make this a 1-wall dance, omit the 1/4 turn.

Start again from the beginning

Last Revision - 10th Jan 2014